



Valentine's Day Affirmations



You Always Show Compassion
And Empathy To Others



You Are Smart and A Good
Problem Solver



You Cultivate Trust and
Respect In Your Relationships
With Others



You Have The Power To Make
A Difference



I Am Proud Of The Person You
Are Becoming



You Avoid Negativity And Focus
On Your Own Growth



You Choose To Focus On The
Positive Aspects Of Life



You Embrace Your Uniqueness
and the Uniqueness of Others